

## TELEHEALTH OR IN PERSON SERVICES DURING COVID-19

Due to the most recent guidelines issued by VA Governor, DC VA Counseling Psychotherapy, LLC will be continuing to utilize the safeguards listed below as long as it is needed. We are following the guidelines provided that apply to our business as well as adding additional safeguards.

- According to client's and therapist/s levels of conform and specific clinical treatment or medical needs for both parties, the decision to continue telehealth or coming in person at a certain time during this pandemic, will be discussed and considered in case by case situations. Please contact your therapist directly to determine what the best course of treatment will be for both of you. If determined, therapy will continue to be treated via telehealth to the fullest extent possible. If therapist and client decide to meet in person, please adhere to the following guidelines.
- If a client has been diagnosed with COVID-19, had symptoms of COVID-19, or had contact with a person that has had or is suspected to have had COVID-19 then they are to notify their therapist and NOT ATTEND any in person sessions. Cancellation fees will be waived in this circumstance.
- Clients are encouraged, but not required, to wear a mask while at our office.
- Social distancing (6+ feet between people) is to be used.
- We are asking that clients avoid using the bathroom if possible.
- To the extent possible, clients will be immediately greeted and escorted to the therapy room versus waiting in the waiting room.
- Hand sanitizer is available immediately as clients enter the front door.
- Clients may request the option of sitting outside within the business park if preferred.
- Therapists will continue to disinfect the office following any clients being seen in person and prior to any client being seen in person as well as wash their hands frequently and follow sanitation guidelines beyond those advised by the CDC and VA Governor.

You signing this document states that you agree to follow the above listed guidelines to assist us with minimizing any risks related to being treated in person during the COVID-19 pandemic. In addition, please be aware that despite these safety and sanitation measures, we CANNOT guarantee that you will not be exposed to COVID-19 or any other illness while at our office. Attendance at our office will state that you acknowledge these risks and are choosing to take them and will not hold DC VA Counseling Psychotherapy, LLC or any therapist of the business liable for any potential damages.

We appreciate your trust in us and the honor of providing your mental health treatment.

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Client's Signature

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Date

Be well,  
Isabel Kirk, LPC  
DC VA Counseling Psychotherapy, LLC